Our first responders, service men and women and volunteer emergency workers: these are Australia's real everyday heroes.

To show your support and sign up as a Chamberlain Champion today, simply fill in the pledge form below:

YES! I/we wish to join the Chamberlain Champions





Ray Chamberlain

Peter Chamberlain Br

Brian Chamberlain

Ray, Peter and Brian Chamberlain established the Foundation in 2015 to improve the lives of Australians experiencing trauma, loss, disadvantage or mental health issues. The Chamberlain Foundation is passionate about making a positive impact in the areas of mental health and suicide prevention, with a particular focus on First Responders and Service Men & Women.

W chamberlainfoundation.orgE info@chamberlainfoundation.orgM PO BOX 1536, Fyshwick ACT 2609



CHAMBERLAIN CHAMPIONS

In the spirit of mateship for mental health

Every day in so many ways, our nation's first responders and Defence Force personnel put their lives on the line to save the lives of others, to protect property and to keep our communities safe.

Whether it's responding to road accidents, domestic violence, or a natural emergency such as the recent horrific bushfires, first responders are exposed to multiple traumatic events. So too are many of our Service men and women who witness active duty at home and overseas.

This regular exposure to trauma and human suffering can have significant consequences for the mental health of these brave men and women. Depression, anxiety and PTSD are just some of those consequences that can have life-threatening implications.

CHAMBERLAIN CHAMPIONS

In 2015, the Chamberlain Foundation was established to support these frontline heroes by funding organisations that provide services to people suffering with mental illness and at risk of suicide.

While the Foundation has a strong focus on supporting our returned and serving soldiers and our police, fire and emergency workers, it is also committed to supporting mental health initiatives that will positively impact the mental health of all Australians. This includes the dedicated emergency workers who volunteer for organisations such as the SES and Rural Fire Service.

Your personal invitation

The Chamberlain Foundation is a 100% volunteer-driven charity. Until now, we have raised funds exclusively through a range of signature events: donating more than \$300,000 over five years to charity partners such as *R U OK*? and *Lifeline*.

We are committed to having an even a greater impact and becoming more strategic in our funding of mental health initiatives. But to fund more purposeful projects at a more sustainable level, the Foundation needs you to make a special commitment:

...to become a Chamberlain Champion today.

When you join the exclusive Chamberlain Champion network, you can commit to making a regular tax-deductible donation of as little as \$12.50 a week.

In recognition of your loyal generosity, you will receive:

- priority booking for Chamberlain Foundation events
- regular briefings from the Chamberlain brothers
- exclusive invitations to speaking events throughout the year.