



USAFL 2021 Nationals

Event Location:

Onion Creek Soccer Complex: 5600 E William Cannon Dr, Austin, TX 78744

October 16-17, 2021

EMERGENCY ACTION PLAN

*In the event of a medical emergency, please call **911** and/or follow the plan recommendations noted below as well as the Premier Sports Medicine Emergency Policies and Procedures Manual!*

Premier Sports Medicine's Pandemic Response Plan to COVID-19: Our Overview, Preparedness, Education, Communication, Response and Return to Play Considerations has been provided to your organization and is therefore recommended in its entirety. This or another physician approved COVID-19 response plan should be implemented and remain in full effect for the duration of this event as dictated by the state and local government, public health departments, and any national governing bodies

Premier Sports Medicine and Our Athletic Training Team:

Premier Sports Medicine will be the onsite athletic training provider during the above mentioned event to deal with athletic training / sports medicine issues that participants may suffer from while attending the event. Premier Sports Medicine will be onsite to handle regular player care for pre & post event needs as well as to tend to any injury an athlete comes in with or that may occur during a match. Any needs such as injury evaluation, taping, icing, wrapping, and other non-emergent medical needs will be handled by the athletic trainer on-site with Premier Sports Medicine. Premier Sports Medicine and its contracted athletic trainers will advise on whether or not play can / should be continued by an injured athlete. The thought / impression of the athletic trainer should not be taken as a medical diagnosis, but rather a highly qualified thought of the involved injury. A true medical diagnosis must come from a licensed physician. If it is an injury where the athletic trainer does not feel comfortable clearing the athlete, return to play clearance will be determined by a licensed physician.

Founder / President:

Premier Sports Medicine was founded by and is owned and operated by Adam Greenfield, ATC. If not already onsite for this event, Adam may be contacted for any needs related to Premier Sports Medicine events via cell phone at (954) 592-4723 at any time prior to, during or after the event.

Director of Sports Medicine / Local PSM Contact

Brad Meacham, ATC is the Director of Athletic Trainer Outreach for Premier Sports Medicine of Georgia. If not already onsite for this event, Brad may be contacted for any needs related to events in Georgia via cell phone at (206) 409-3267 at any time prior to, during or after the event.





Onsite Athletic Trainer(s)

Premier Sports Medicine will be onsite for the duration of the event. Specific athletic trainer info will be provided closer to the date of the event.

Event Director/Onsite Contact(s):

Doren James: 608-630-0800





Dr. Jason Perry is a sports medicine and non-operative orthopedic physician at BocaCare Orthopedics. He is also a Diplomat of the American Board of Internal Medicine and **board certified with a certificate of added qualification (CAQ)** in Primary Care Sports Medicine. He is a member of the American College of Physicians, American Medical Society for Sports Medicine and the American College of Sports Medicine.

As a Primary Care Sports Medicine physician/Non-surgical orthopedist, Dr. Perry takes care of medical and orthopedic problems for individuals of all ages. Dr. Perry has a strong commitment to providing evidenced-based medical care through a patient-centered approach. When defining the best treatment plan for each patient, he takes into consideration all the components related to the injury, including the underlying biomechanics of the injury, the patient's needs and expectations, as well as the short and long-term implications that the injury will have on the patient. His patients range from elite athletes in high school and college, to weekend warriors, industrial workers, and anyone with general aches, pains and injuries.

Dr. Perry works closely with orthopedic surgeons, athletic trainers, physical therapists, coaches and other health related disciplines in order to assist his patients in their recovery process, and help them reach their ultimate goal of returning to everyday activities and sports at their optimal potential. Dr. Perry has a special interest in treating acute and chronic musculoskeletal injuries, including bone, joint, ligament, muscle and tendon injuries, as well as concussions. He performs various treatment modalities in the clinic that assist the patient in their recovery from an injury. Among those modalities are diagnostic musculoskeletal ultrasound, ultrasound-guided injections, hyaluronon (also known as viscosupplementation) and platelet-rich plasma therapy. His areas of expertise also include non-surgical management of fractures and dislocations, peripheral nerve injuries (e.g. carpal tunnel syndrome), sport-related spine injuries, pediatric sports injuries, chronic overuse conditions, biomechanical evaluation of the injured athlete, sports injury prevention protocols, osteoarthritis and screening for potential cases that may have a better outcome by undergoing a surgical procedure.

Dr. Perry is head team physician for Florida Atlantic University. He also serves as the Medical Director for Boca Raton Regional Sports Medicine program overseeing all medical care at Florida Atlantic University and Lynn University. He has worked as team physician for the University of West Alabama, Oak Grove High School in Birmingham, Alabama, the Chicago White Sox's AA affiliate team – the Birmingham Barons, the Alabama Ballet, the SEC baseball and basketball tournaments and Birmingham Southern University. He has provided medical coverage to participants in the Mercedes Marathon in Birmingham, Alabama. He is currently interested in research regarding ultrasound guided injections and hip disorders in active individuals.

Dr. Perry enjoys spending time with his family and friends as well as staying active in the gym. He enjoys playing basketball and tennis, as well as outdoor activities like fishing, boating and golfing.

Dr Perry will be another on call physicians for the athletic trainers representing Premier Sports Medicine during this event.

What is a Medical Emergency and What Should I Do?

The following injuries constitute a medical emergency and require **immediate medical attention**:

- Blockage or stoppage of airway, breathing or circulation
- Loss of consciousness
- Any type of seizure
- Severe bleeding
- Severe fracture, dislocation or deformity
- Any injury to the head, neck or spine
- Heat illness: Change in facial color or appearance, extreme fatigue, disorientation, or loss of consciousness.
- Diabetic Emergencies
- Severe asthma or allergy attacks

Roles and Responsibilities in an Emergency

Athletic Trainer(s) representing Premier Sports Medicine:

- Look after and care for athlete
- Assess athletes and decide if advanced medical help is needed.
- Make sure the athlete is not moved until they are sure no serious injury has occurred.
- Instructs coach, game manager or event personnel to activate EMS (911)
- Performs any first aid/CPR that is required
- Is appropriately trained for this position.

Premier Sports Campus Staff / Event Personnel

- Controls the crowd, including concerned parents of the athlete
- Recruits help to the scene if needed
- Aids in crowd control
- Call EMS if the athletic trainer instructs or if there is not an athletic trainer on site
- Give clear directions to access the fields or gymnasium to EMS
- Makes sure the EMS have a clear pathway to the injured athlete
- Meets EMS or sends assistant coach or manager to meet EMS

Event Personnel / Events Visiting Coaches:

- Notifies Athletic Trainer of emergency and/or non-emergent injury
- Aids in making sure that EMS have a clear pathway to the injured athlete
- Aids in crowd control
- Relays information from athletic trainer to the paramedics if needed (ie: athlete is diabetic)
- Accompanies athlete in the ambulance if parents are not on site

General Guidelines for Emergency Situations or Other Injuries

- a. STAY CALM.
- b. The Athletic Trainer representing Premier Sports Medicine should be notified immediately if he or she is not yet aware of emergency or injury. Administrative Staff or Coaches should also be notified as soon as possible of any emergency on site.
- c. Activate Emergency Response immediately and follow Emergency Action Plan for any condition that is potentially is LIFE or LIMB threatening. This includes loss of consciousness for ANY reason, uncontrollable bleeding, compound or grossly disfigured bone fractures or dislocations, seizure, and/or any suspected spinal injuries.
- d. If an athlete is conscious and lucid, acquire consent before providing care and activating EMS.
- e. Care should only be given by staff members that are CPR/AED and First Aid certified. NEVER attempt to provide care beyond your training!
- f. Follow the Emergency Action Plan and the PSM Emergency Policy and Procedure Manual as closely as possible, but be prepared to adjust depending on personnel available as well as the situation at the time of emergency.

911 Emergency Phone Guidelines

When dialing 911 please have the following information available to give the dispatcher so that you are prepared to provide as much information as possible: **BE AS SPECIFIC AS POSSIBLE!**

- Location of individual / athlete at the venue including landmarks and/or road names.
- Location of where the ambulance will be met by a designated person to aid with further directions onsite.
- Name, Age and Gender of Injured Individual / Athlete
- Address & Telephone Number of Injured Individual / Athlete
- Number of Injured Individuals
- Condition of Injured Individuals
- Pertinent Medical History of Injured Individual
- Allergies to Medications
- Injured Individuals Mental Status
- First Aid Treatment Given
- Caller's name and phone number for any call back needs by EMS
- Any other Information as Requested

Example Script: "My name is _____ and I have an athlete in need of immediate medical attention at __ (name of venue and address)__. The athlete is a __-year-old ____ suffering from _____. Please meet _____ at the main entrance to the facility and he will help direct the ambulance to us."

In the event of a medical emergency the following should occur once an athletic emergency has been addressed...
Following the transition of care to EMS, Adam Greenfield, ATC (PSM President) and/or Brad Meacham (PSM of Georgia Director of Athletic Training Outreach) and Brandon Mines, MD (Emory Sports Medicine) must be contacted. All staff working an event will always have direct access to Adam Greenfield, ATC and/or Brad Meacham, ATC as well as Dr Mines via cell phone or office phone.

Do not allow injured/ill persons to return to activity until seen by a medical professional or the Premier Sports Medicine Team of ATC's

Emergency Equipment at Venue

Automatic External Defibrillators

Location of AEDs

There is no known AED on site. Call 911 if AED is needed

Please remember in the event of an emergency...you should always also call 911 to activate EMS!!!

MAJOR HOSPITAL SYSTEMS

Ally Medical Emergency Room - South Austin

8721 Menchaca Rd, Austin, TX 78748

Triage Desk Phone: 512-280-6959

*** This Hospital / ER is approx. 6.0 miles away from Onion Creek Soccer Complex ***

St David's South Austin Medical Center

901 W Ben White Blvd, Austin, TX 78704

Triage Desk Phone: 512-447-2211

*** This Hospital / ER is approx. 6.4 miles away from Onion Creek Soccer Complex ***

Austin Emergency Center - Riverside

2020 E Riverside Dr, Austin, TX 78741

Triage Desk Phone: 737-717-4100

*** This Hospital / ER is approx. 7.4 miles away from Onion Creek Soccer Complex ***

The previously mentioned hospitals will be used for emergency services. They have been notified of this event. There is not one specific person to contact at this hospital as the ER back line desk is manned differently throughout each day. They are available and there for us should a player need urgent attention. Our players will be placed in the system in priority order due to severity of symptoms and injury. Most importantly they will know they are coming. We have been told that our players will be called back as quickly as possible. Charge nurses, nurse practitioners, physician assistants and physicians are different daily but all will be aware of the event and our needs. They do have pediatric trained physicians available in their emergency room and are equipped for any and all pediatric cases. They are all equipped for pediatric cases, but more advanced support for significant trauma or necessary admit will come from a local children's hospital. They are equipped at this facility for more significant injuries such as severe fractures, head injuries or chest trauma.

URGENT CARE FACILITIES

Texas MedClinic

9900 S IH 35 Frontage Rd, Austin, TX 78748

Phone: 512-291-5577

Hours of Operation: 8am-11pm, 7 days a week

*** This urgent care facility is approx. 4.8 miles away from Onion Creek Soccer Complex ***

CareNow Urgent Care - South Congress

208 W Ben White Blvd, Austin, TX 78704

Phone: 512-861-8060

Hours of Operation: M-F 8am-8pm; Sat 8am-7pm; Sun 8am-5pm

*** This urgent care facility is approx. 4.8 miles away from Onion Creek Soccer Complex ***

FastMed Urgent Care

1920 E Riverside Dr #110, Austin, TX 78741

Phone: 512-326-1600

Hours of Operation: M-F 8am-8pm; Sat-Sun 8am-5pm

*** This urgent care facility is approx. 7.2 miles away from Onion Creek Soccer Complex ***

*The above mentioned urgent care will be used for urgent cases that do not require emergency services or 911 assistance. They have been notified of this event. They are available and there for us should a player need urgent attention and **do have x-ray onsite**. Our players will be placed in the system in priority order due to severity of symptoms and injury. We have been told that our athletes will be called back as quickly as possible. Practitioners are different daily but all will be aware of our event and needs. They do have pediatric trained physicians available in their facility and are equipped with x-rays, etc that we would need.*

Field Maps / Satellite Images

Onion Creek Soccer Complex: 5600 E William Cannon Dr, Austin, TX 78744

