



2024 USAFL Nationals USAFL

Onion Creek Soccer Park: 5600 E William Cannon Drive Austin, TX 78744

October 12-13, 2024

EMERGENCY ACTION PLAN

In the event of a medical emergency, please call 911 and/or follow the plan recommendations noted below as well as the Premier Sports Medicine Emergency Policies and Procedures Manual!

ATHLETIC TRAINERS:

Premier Sports Medicine will be the onsite athletic training provider during the above mentioned event to deal with athletic training / sports medicine issues that participants may suffer from while attending the event. Premier Sports Medicine will be onsite to handle regular player care for pre & post event needs as well as to tend to any injury an athlete comes in with or that may occur during a match. Any needs such as injury evaluation, taping, icing, wrapping, and other non-emergent medical needs will be handled by the athletic trainer on-site with Premier Sports Medicine. Premier Sports Medicine and its contracted athletic trainers will advise on whether or not play can / should be continued by an injured athlete. The thought / impression of the athletic trainer should not be taken as a medical diagnosis, but rather a highly qualified thought of the involved injury. A true medical diagnosis must come from a licensed physician. If the injury is one where an athlete can continue to play, that decision will be made by the onsite athletic trainer. If it is an injury where the athletic trainer does not feel comfortable clearing the athlete, return to play clearance will be determined by a licensed physician.



Premier Sports Medicine will be onsite for the duration of the event and will be represented by the following athletic trainer(s):

<u>Saturday, October 12, 2024</u> <i>8:30am- 6pm</i> Greg Pendergast Jeremy Malone Brittany Torres CJ DeLaGarza	<u>Sunday, October 13, 2024</u> <i>8:30am- 6pm</i> Greg Pendergast Jeremy Malone Brittany Torres CJ DeLaGarza	<u>Contact Information for PSM Staff:</u> Greg Pendergast: (817) 932-4285 Jeremy Malone: (901) 262-0851 Brittany Torres: (361) 355-3160 CJ DeLaGarza: (361) 877-4444
---	---	---



On-site Contact

Doren James: (608) 630-0800



Premier Sports Medicine Medical Director: Brandon Mines, MD

Brandon Mines, MD is a primary care sports medicine trained family medicine physician. Dr Mines is the Medical Director for Premier Sports Medicine. He is available by phone for any injury / case for an athletic trainer to physician conversation regarding an athlete.

Dr Mines is a leader in advanced treatments for patients with orthopedic and sports-related injuries, providing the most comprehensive treatments for athletic injuries.

Dr Mines will be the on-call physician for the athletic trainers representing Premier Sports Medicine during this event.

What is a Medical Emergency and What Should I Do?

The following injuries constitute a medical emergency and require **immediate medical attention**: • Blockage or stoppage of airway, breathing or circulation

- Loss of consciousness
- Any type of seizure
- Severe bleeding
- Severe fracture, dislocation or deformity
- Any injury to the head, neck or spine
- Heat illness: Change in facial color or appearance, extreme fatigue, disorientation, or loss of consciousness.
- Diabetic Emergencies
- Severe asthma or allergy attacks

Roles and Responsibilities in an Emergency

Athletic Trainer(s) representing Premier Sports Medicine:

- Look after and care for athlete
- Assess athletes and decide if advanced medical help is needed.
- Make sure the athlete is not moved until they are sure no serious injury has occurred.
- Instructs coach, game manager or event personnel to activate EMS (911)
- Performs any first aid/CPR that is required
- Is appropriately trained for this position.

Premier Sports Campus Staff / Event Personnel

- Controls the crowd, including concerned parents of the athlete
- Recruits help to the scene if needed
- Aids in crowd control
- Call EMS if the athletic trainer instructs or if there is not an athletic trainer on site
- Give clear directions to access the fields or gymnasium to EMS
- Makes sure the EMS have a clear pathway to the injured athlete
- Meets EMS or sends assistant coach or manager to meet EMS

Event Personnel / Events Visiting Coaches:

- Notifies Athletic Trainer of emergency and/or non-emergent injury
- Aids in making sure that EMS have a clear pathway to the injured athlete
- Aids in crowd control
- Relays information from athletic trainer to the paramedics if needed (ie: athlete is diabetic)
- Accompanies athlete in the ambulance if parents are not on site

General Guidelines for Emergency Situations or Other Injuries

- STAY CALM.
- The Athletic Trainer representing Premier Sports Medicine should be notified immediately if he or she is not yet aware of an emergency or injury. Administrative Staff or Coaches should also be notified as soon as possible of any emergency on site.
- Activate Emergency Response immediately and follow Emergency Action Plan for any condition that is potentially LIFE or LIMB threatening. This includes loss of consciousness for ANY reason, uncontrollable bleeding, compound or grossly disfigured bone fractures or dislocations, seizure, and/or any suspected spinal injuries.
- If an athlete is conscious and lucid, acquire consent before providing care and activating EMS.
- Care should only be given by staff members that are CPR/AED and First Aid certified. NEVER attempt to provide care beyond your training!
- Follow the Emergency Action Plan and the PSM Emergency Policy and Procedure Manual as closely as possible, but be prepared to adjust depending on personnel available as well as the situation at the time of emergency.

911 Emergency Phone Guidelines

When dialing 911 please have the following information available to give the dispatcher so that you are prepared to provide as much information as possible: BE AS SPECIFIC AS POSSIBLE! - Location of individual / athlete at Premier Sports Campus including landmarks and/or road names. - Location of where the ambulance will be met by a designated person to aid with further directions onsite. - Name, Age and Gender of Injured Individual / Athlete

- Address & Telephone Number of Injured Individual / Athlete
- Number of Injured Individuals
- Condition of Injured Individuals
- Pertinent Medical History of Injured Individual
- Allergies to Medications
- Injured Individuals Mental Status
- First Aid Treatment Given
- Caller's name and phone number for any call back needs by EMS
- Any other Information as Requested

Example Script: "My name is _____ and I have an athlete in need of immediate medical attention at __ (name of venue and address)__. The athlete is a __-year-old ____ suffering from _____. Please meet _____ at the main entrance to the facility and he will help direct the ambulance to us."

In the event of a medical emergency the following should occur once an athletic emergency has been addressed...

Following the transition of care to EMS, Adam Greenfield, ATC (PSM CEO) and/or Designated PSM Admin. All staf working an event will always have direct access to Adam Greenfield, ATC and/or the Designated PSM Admin as well as the Supervising Physician via cell phone.

Do not allow injured/ill persons to return to activity until seen by a medical professional or the Premier Sports Medicine Team of ATC's

Emergency Equipment at Venue

Automatic External Defibrillators

Location of AED: The location of the AED is unknown at this time. Please check in with members of the complex to locate. ***Please remember in the event of an emergency...you should always also call 911 to activate EMS!!!***

MAJOR HOSPITAL SYSTEMS

St. David's South Austin Medical Center Emergency Room

901 W Ben White Blvd, Austin, TX 78704

Phone: (512) 447-2211

*** This Facility is approx. 5.9 miles away from Onion Creek Soccer Park ***

URGENT CARE FACILITIES

CareNow Urgent Care - South Congress

208 W Ben White Blvd, Austin, TX 78704

Phone: (512) 861-8060

Hours of Operation: Mon-Fri: 8am- 8pm / Sat: 8am- 7pm / Sun: 8am- 5pm

*** This Facility is approx. 4.7 miles away from Onion Creek Soccer Park ***

Texas MedClinic Urgent Care

9900 S I-35 Frontage Rd, Austin, TX 78748

Phone: (512) 291-5577

Hours of Operation: Sun- Sat: 8am- 11pm

*** This Facility is approx. 5.0 miles away from Onion Creek Soccer Park ***

Satellite Images of Venue

Onion Creek Soccer Park: 5600 E William Cannon Drive Austin, TX 78744



