



2023 USAFL Nationals

Event Location:

Premier Sports Campus: 5895 Post Blvd, Lakewood Ranch, FL 34211

October 14-15, 2023

EMERGENCY ACTION PLAN

In the event of a medical emergency, please call 911 and/or follow the plan recommendations noted below as well as the Premier Sports Medicine Emergency Policies and Procedures Manual!

Premier Sports Medicine and Our Athletic Training Team:

Premier Sports Medicine will be the onsite athletic training provider during the above mentioned event to deal with athletic training / sports medicine issues that participants may suffer from while attending the event. Premier Sports Medicine will be onsite to handle regular player care for pre & post event needs as well as to tend to any injury an athlete comes in with or that may occur during a match. Any needs such as injury evaluation, taping, icing, wrapping, and other non-emergent medical needs will be handled by the athletic trainer on-site with Premier Sports Medicine. Premier Sports Medicine and its contracted athletic trainers will advise on whether or not play can / should be continued by an injured athlete. The thought / impression of the athletic trainer should not be taken as a medical diagnosis, but rather a highly qualified thought of the involved injury. A true medical diagnosis must come from a licensed physician. If it is an injury where the athletic trainer does not feel comfortable clearing the athlete, return to play clearance will be determined by a licensed physician.

Founder / President:

Premier Sports Medicine was founded by and is owned and operated by Adam Greenfield, ATC. If not already onsite for this event, Adam may be contacted for any needs related to Premier Sports Medicine events via cell phone at (954) 592-4723 at any time prior to, during or after the event.

National Director of Sports Medicine:

Adam Lucassian, ATC is the National Director of Sports Medicine for Premier Sports Medicine of Florida. If not already onsite for this event, Adam may be contacted for any events related to the Premier Sports Medicine portfolio via cell phone at (586) 872-1811 at any time prior to, during or after the event.

Director of Sports Medicine - Florida / Local PSM Contact

Brian Waters, ATC is the Director of Sports Medicine for Premier Sports Medicine in Florida. If not already onsite for this event, Brian may be contacted for any needs related to events in Florida via cell phone at (850) 333-2519 at any time prior to, during or after the event.

Onsite Athletic Trainer(s)

Premier Sports Medicine will be onsite for the duration of the event and will be represented by the following athletic trainers...



Event Director/Onsite Contact(s):

Doren James, Executive Director: (608) 630-0800



Premier Sports Medicine of Florida's Local Supervising Physician: Daniel Lamar, MD
Orthopedic Surgeon and Sports Medicine Specialist

At Coastal Orthopedics, their mission is to improve the quality of life of patients, athletes, their families and the communities in which they serve while fostering a culture of excellence in all aspects of our professions.

Their 15 world-class physicians specialize in the care and treatment of the entire musculoskeletal system, including: orthopedics, sports medicine and pain management. They use the very latest in minimally invasive computer-guided surgeries, and state of the art non-surgical procedures and their physicians are trusted as the sports medicine provider to many of the world's top athletes. Since 1973, Coastal has been proudly serving the communities of both Manatee & Sarasota Counties. From diagnosis to treatment and rehabilitation, Coastal physicians and staff focus on personalized, patient-centered care by customizing a treatment plan for your specific needs.

Dr. Lamar specializes in:

- Specializes in sports medicine, total joint replacement, cartilage rejuvenation, pediatric injuries and arthroscopy
- Sports medicine physician to the Pittsburgh Pirates, Baltimore Orioles, U.S. Soccer Team and IMG Academies
- Served as an sports medicine physician to Tampa Bay Buccaneers from 2004-2014
- Medical Director for Gatorade Sports Science Institute in Bradenton, Florida
- Completed Ortho Residency at the University of Pennsylvania Hospital & Children's Hospital of Philadelphia
- Completed fellowship in Orthopedic Sports Medicine at the world-renowned University of Miami
- Serves as Assistant Medical Professor at the University of South Florida College of Medicine
- Board certified by the American Board of Orthopedic Surgery
- 2015 Vice Chief of Staff for Lakewood Ranch Medical Center's Medical Staff Leadership

Dr. Daniel Lamar is a board certified orthopedic surgeon who specializes in [sports medicine](#). He also has special interest in [total joint replacement](#), cartilage rejuvenation, and arthroscopy. Dr. Lamar is firmly rooted within both the professional and amateur athletic communities in Manatee and Sarasota Counties. He is the Medical Director for the Gatorade Sports Science Institute. Dr. Lamar serves as the sports medicine physician and orthopedic consultant for the Tennessee Titans, Pittsburgh Pirates, Baltimore Orioles, U.S. Soccer, IMG Academy and Premier Sports Campus. As the team physician for the [Titans](#), Dr. Lamar assists the team with player physicals and guides players from injury to recovery throughout the season. He is also an Assistant Medical Professor at the University of South Florida College of Medicine. Dr. Lamar was an elite athlete himself, playing football for Davidson College as a receiver, kickoff and punt returner.

In his free time, Dr. Lamar volunteers his medical expertise as the sideline physician for many Manatee and Sarasota county high schools.. He also enjoys outdoor activities and exercise such as biking, swimming and competitive athletics.

Premier Sports Medicine is proud to have Dr. Lamar as one of its supervising sports medicine trained orthopedic surgeons. Dr Lamar is the supervising sports medicine trained orthopedic surgeon for Premier Sports Medicine of FL, LLC in and around the Bradenton / Sarasota Area. Dr. Lamar is always available by phone for physician to athletic trainers communication (who all have his direct cell phone number). Dr Lamar and the team of Coastal physicians will be the on call physicians for the athletic trainers representing Premier Sports Medicine during this event.



Premier Sports Medicine of FL, LLC Supervising Physician
Patrick Mularoni, MD
“Sports Medicine Physician”

Dr. Mularoni graduated from Michigan State University with an undergraduate degree in Biology from the Lyman Briggs College of Science. He completed Medical school at the American University of the Caribbean where he achieved honors in his third and fourth year clinical rotations at Ascension Health Hospitals in Detroit, Michigan. Dr. Mularoni completed his Pediatric Residency at St. John Hospital and Medical Center in Detroit, Michigan. His Fellowship in Pediatric Emergency Medicine was completed in Atlanta, Georgia through Emory University.

While at Emory University, Dr. Mularoni completed research on procedural pain reduction in the emergency setting and was awarded the American Academy of Pediatrics Willis Wingert award for best fellow research. He has continued conducting research at All Children's looking at best practice for procedural sedation in reduction of Pediatric forearm fractures. His current research interests include concussion management and prognosis in patients with mild traumatic brain injuries. He is the chairman of the Medical Emergency Committee. Dr. Mularoni lectures internationally on Pediatric Emergency and Sports related topics and is a regular contributor to Fox television's Good Day show.

Dr. Mularoni is married to Kim Mularoni who is a Pediatrician in St. Petersburg and together they have three children. During free time, Dr. Mularoni competes in Running, Triathlon and stand up paddle boarding races.

Premier Sports Medicine is proud to have Dr. Mularoni as one of its supervising sports medicine trained orthopedic surgeons. Dr Mularoni is the supervising sports medicine physician for Premier Sports Medicine of FL, LLC in and around the Bradenton / Sarasota Area. Dr. Mularoni is always available by phone for physician to athletic trainers communication (who all have his direct cell phone number). Dr Mularoni will be the one of the on-call physicians for the athletic trainers representing Premier Sports Medicine during this event.

What is a Medical Emergency and What Should I Do?

The following injuries constitute a medical emergency and require **immediate medical attention**:

- Blockage or stoppage of airway, breathing or circulation
- Loss of consciousness
- Any type of seizure
- Severe bleeding
- Severe fracture, dislocation or deformity
- Any injury to the head, neck or spine
- Heat illness: Change in facial color or appearance, extreme fatigue, disorientation, or loss of consciousness.
- Diabetic Emergencies
- Severe asthma or allergy attacks

Roles and Responsibilities in an Emergency

Athletic Trainer(s) representing Premier Sports Medicine:

- Look after and care for athlete
- Assess athletes and decide if advanced medical help is needed.
- Make sure the athlete is not moved until they are sure no serious injury has occurred.
- Instructs coach, game manager or event personnel to activate EMS (911)
- Performs any first aid/CPR that is required
- Is appropriately trained for this position.

Premier Sports Campus Staff / Event Personnel

- Controls the crowd, including concerned parents of the athlete
- Recruits help to the scene if needed
- Aids in crowd control
- Call EMS if the athletic trainer instructs or if there is not an athletic trainer on site
- Give clear directions to access the fields or gymnasium to EMS
- Makes sure the EMS have a clear pathway to the injured athlete
- Meets EMS or sends assistant coach or manager to meet EMS

Event Personnel / Events Visiting Coaches:

- Notifies Athletic Trainer of emergency and/or non-emergent injury
- Aids in making sure that EMS have a clear pathway to the injured athlete
- Aids in crowd control
- Relays information from athletic trainer to the paramedics if needed (ie: athlete is diabetic)
- Accompanies athlete in the ambulance if parents are not on site

General Guidelines for Emergency Situations or Other Injuries

- a. STAY CALM.
- b. The Athletic Trainer representing Premier Sports Medicine should be notified immediately if he or she is not yet aware of an emergency or injury. Administrative Staff or Coaches should also be notified as soon as possible of any emergency on site.
- c. Activate Emergency Response immediately and follow Emergency Action Plan for any condition that is potentially LIFE or LIMB threatening. This includes loss of consciousness for ANY reason, uncontrollable bleeding, compound or grossly disfigured bone fractures or dislocations, seizure, and/or any suspected spinal injuries.
- d. If an athlete is conscious and lucid, acquire consent before providing care and activating EMS.
- e. Care should only be given by staff members that are CPR/AED and First Aid certified. NEVER attempt to provide care beyond your training!
- f. Follow the Emergency Action Plan and the PSM Emergency Policy and Procedure Manual as closely as possible, but be prepared to adjust depending on personnel available as well as the situation at the time of emergency.

911 Emergency Phone Guidelines

When dialing 911 please have the following information available to give the dispatcher so that you are prepared to provide as much information as possible: **BE AS SPECIFIC AS POSSIBLE!**

- Location of individual / athlete at the venue including landmarks and/or road names.
- Location of where the ambulance will be met by a designated person to aid with further directions onsite.
- Name, Age and Gender of Injured Individual / Athlete
- Address & Telephone Number of Injured Individual / Athlete
- Number of Injured Individuals
- Condition of Injured Individuals
- Pertinent Medical History of Injured Individual
- Allergies to Medications
- Injured Individuals Mental Status
- First Aid Treatment Given
- Caller's name and phone number for any call back needs by EMS
- Any other Information as Requested

Example Script: "My name is _____ and I have an athlete in need of immediate medical attention at __ (name of venue and address)__. The athlete is a __-year-old ____ suffering from _____. Please meet _____ at the main entrance to the facility and he will help direct the ambulance to us."

In the event of a medical emergency the following should occur once an athletic emergency has been addressed...

Following the transition of care to EMS, Adam Lucassian, ATC (PSM National Director of Sports Medicine) and/or Brian Waters (PSM of Florida Director of Sports Medicine) as well as Dr. Daniel Lamar, MD (Coastal Orthopedics) and/or Patrick Mularoni, MD (Johns Hopkins All Childrens) must be contacted. All staff working an event will always have direct access to Brian Waters, ATC and/or Adam Lucassian, ATC as well as Dr Lamar and/or Dr Mularoni via cell phone and/or office phone.

Do not allow injured/ill persons to return to activity until seen by a medical professional or the Premier Sports Medicine Team of ATC's

Emergency Equipment at Venue

Automatic External Defibrillators

Location of AEDs

PSM Athletic Trainers will have an AED on campus with them in the event of an emergency in the medical tents!

Please remember in the event of an emergency...you should always also call 911 to activate EMS!!!

MAJOR HOSPITAL SYSTEMS

HCA Florida Sarasota Doctors North Emergency

8500 State Road 70 E, Bradenton, FL 34202

Phone: (941) 242-6532

*** This hospital emergency room is approx. 4.8 miles away from Premier Sports Campus***

Lakewood Ranch Medical Center

8330 Lakewood Ranch Blvd, Bradenton, FL 34202

Main Phone: 941-782-2100

Emergency Room (Main): 941-782-2200

*** This hospital emergency room is approx. 6.9 miles away from Premier Sports Campus***

URGENT CARE FACILITIES

AFC Urgent Care Lakewood Ranch

5925 Lakewood Ranch Blvd, Bradenton, FL 34211

Phone: (941) 348-1201

Hours of Operation: Mon- Fri: 8am- 8pm; Sat-Sun: 8am- 5pm

*** This urgent care facility is approx. 3.2 miles away from Premier Sports Campus***

SMH Urgent Care Center at Heritage Harbor

1040 River Heritage Blvd, Bradenton, FL 34212

Phone: (941) 917-6443

Hours of Operation: Mon- Fri: 8am- 8pm; Sat-Sun: 8am- 6pm

*** This urgent care facility is approx. 8.1 miles away from Premier Sports Campus***

Field Maps / Satellite Images

Premier Sports Campus: 5895 Post Blvd, Lakewood Ranch, FL 34211





